

TEAMS UNLOCKED

90 Minutes to Play • Discover • Enhance Your Team

An interactive team-building experience that combines **games with meaningful workplace conversations**. Teams play together, then explore what the experience revealed about communication, collaboration, leadership, decision-making, problem-solving and team dynamics. Facilitated conversations turn the fun into practical insights your team can take back to the workplace.

We bring the games and team-enhancing conversations. You build the stronger team.

Program Purpose

Our interactive, facilitated 90-minute team-building experience combines engaging games with meaningful workplace conversations. Participants experience teamwork in action, then explore what the games reveal about communication, collaboration, leadership, decision-making, problem-solving, trust and team dynamics.

Recommended Group Size: Up to 16 participants (larger teams available with add-on pricing) **Format:** In-person, facilitated • Can start over lunch or during a break

The 90-Minute Experience

TIME	EXPERIENCE	WHAT HAPPENS
0:00–0:15	ICEBREAKER & INTRODUCTION	Welcome the team, introduce the session and set the stage. Can start over lunch or during a break. Participants learn how the games work, what to expect and how gameplay can connect to workplace behaviours.
0:15–0:50	PLAY	The team participates in engaging, interactive games that naturally reveal how they communicate, organize, solve challenges and work together. The activities can highlight collaboration, leadership, decision-making, problem-solving, adaptability, trust and team dynamics.
0:50–1:25	CONVERSATION	Facilitated discussion connects what happened during gameplay to the real workplace. The team explores what worked well, how decisions were made, how people communicated, the strengths they saw in one another and where they may want to improve or try something differently.
1:25–1:30	TAKE ACTION	Turn insight into action. Each participant is encouraged to leave with one idea, behaviour or commitment they can apply back in the workplace.

What Participants Discover

- How communication patterns show up naturally when a team is solving a challenge.
- How different perspectives and approaches can strengthen team decisions.
- How leadership can shift depending on the situation, task or people involved.
- How trust, collaboration and shared understanding influence team performance.
- What the team already does well and where there may be opportunities to grow.
- How lessons from gameplay can be applied directly to the workplace.

What Makes Teams Unlocked Different?

Many team-building programs focus on the activity. Teams Unlocked focuses on what happens next. The games create the experience, while facilitated conversations help the team discover what that experience can teach them about how they communicate, collaborate and work together.

REAL GAMES. REAL CONVERSATIONS. REAL IMPACT.

Program Details & Investment

AREA	PROGRAM FEE	INCLUDES
Red Deer & Area	\$600 + GST	90-minute facilitated Teams Unlocked session +

		travel
Larger Central Alberta	\$800 + GST	90-minute facilitated session + travel
Calgary or Edmonton	\$975 + GST	90-minute facilitated session + travel

Booking Note: Program is designed for up to 16 participants. Larger teams can be accommodated with add-on pricing.